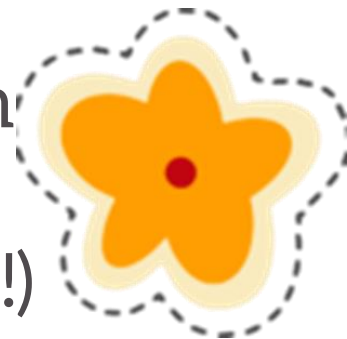


A group of young African girls are gathered together, smiling and holding up various colorful, patterned fabric bags or pouches. The bags feature different designs, including floral, geometric, and abstract patterns in colors like yellow, blue, green, and orange. The girls are looking towards the camera with joyful expressions. In the background, there are green banana leaves, suggesting an outdoor setting in a tropical or subtropical region.

DAYS FOR GIRLS



Days for Girls is a global
award-winning, not for
profit NGO (Non-Governmental organization)
bringing menstrual health,
education, dignity and
opportunity to 2.9 million
girls and women
worldwide (and counting!)



The Beginning



Who We Are Reaching

- In the world there are 1.5 billion women of reproductive age.
- 500 million of those are living on less than \$1.25 a day.
- These are the people we are trying to reach and work with.



Girls Who Will Miss School

1 in 10

In Sub-Saharan
Africa

113
Million
in India

30%

From rural Brazil



DfG KIT



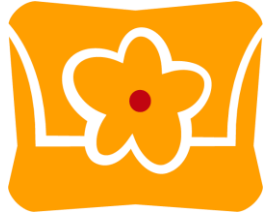
**HEALTH
EDUCATION**



**SOCIAL
ENTREPRENEURS**



**POLICY &
ADVOCACY**



The DfG Kit

- Shields
- Liners
- Menstrual chart
- Care and use instructions
- Carry pouch
- Drawstring bag
- Underwear
- Washcloth
- Soap







Chapter Volunteers

- Raise awareness for menstrual health as a pathway to improved health, education, and livelihood locally.
- Host events, fundraise
- Increasing access to menstrual health education
- Sew DfG Kits using DfG's patented patterns
- Support local leaders and Enterprises in their own communities.
- Community outreach and advocacy- to address needs in both local communities and the Impact Zones abroad.





Menstrual health Education

- Puberty
- Reproductive systems
- The Menstrual Cycle (including an in-depth look at each of the 4 phases)
- How to track your own menstrual cycle and why this is helpful
- Hygiene, including urinary tract infections
- How to hygienically and safely use and care for the DfG Kit
- Self defense techniques and human trafficking avoidance
- Sexually transmitted diseases
- Handwashing

“

The AWH education is just as important as the Kits because it teaches them information that most of them don't already know. It makes them more relaxed and confident and it breaks down taboos and stigmas. It has a lasting impact because they can pass the information on to their daughters, who will then pass it down to their daughters. ”

–Khayrieh Al Assadd,
Lebanon Country Coordinator



Social Entrepreneurs





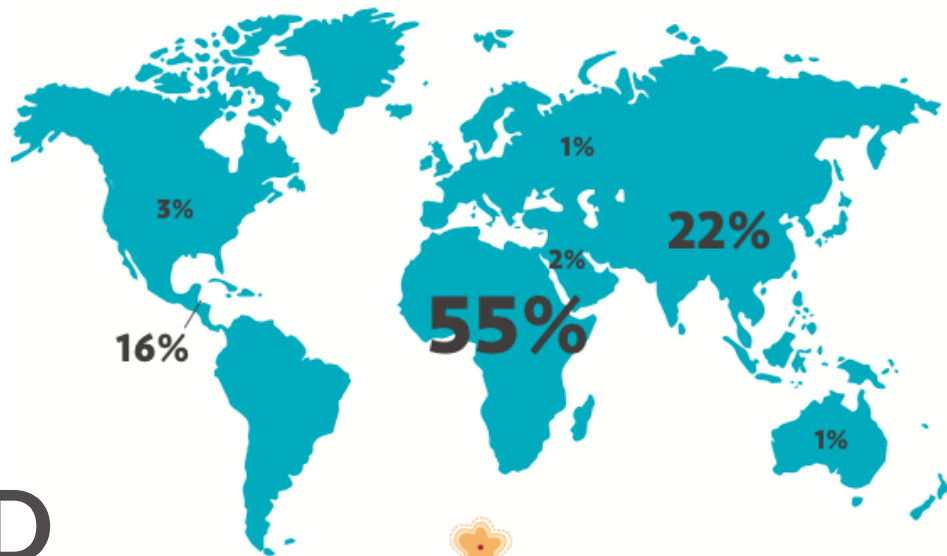
Advocacy Efforts

- Build capacity and create pathways for advocacy for DfG stakeholders including staff, social entrepreneurs, and volunteers.
- Develop and inform policies that create supportive MH environments.
- Build coalitions, campaigns, and partnerships that advance menstrual equity with development actors including governments, academics, nonprofits, funders, businesses, multilaterals, and influencers.
- Work both within MH and across related sectors such as Gender Equity (Gender based violence, sexual reproductive health), Disability, Education, WASH, and Humanitarian Response.



DAYS FOR GIRLS

**WE HAVE
NOW
REACHED 2.9
MILLION
WOMEN AND
GIRLS IN 145
COUNTRIES.**

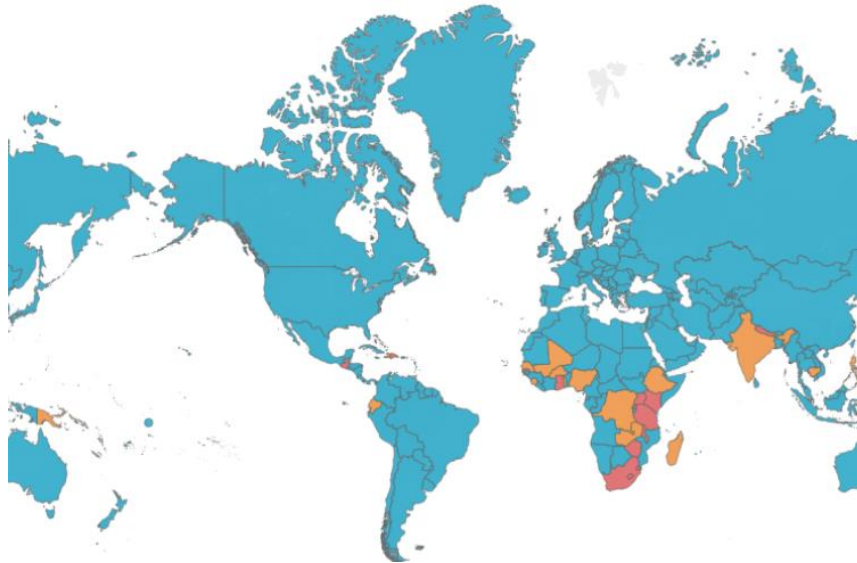


WHERE DO DFG KITS GO:

| | |
|-------------------|------------------|
| Africa 55% | North America 3% |
| Asia 22% | Europe 1% |
| Latin America 16% | Australia 1% |
| Middle East 2% | |

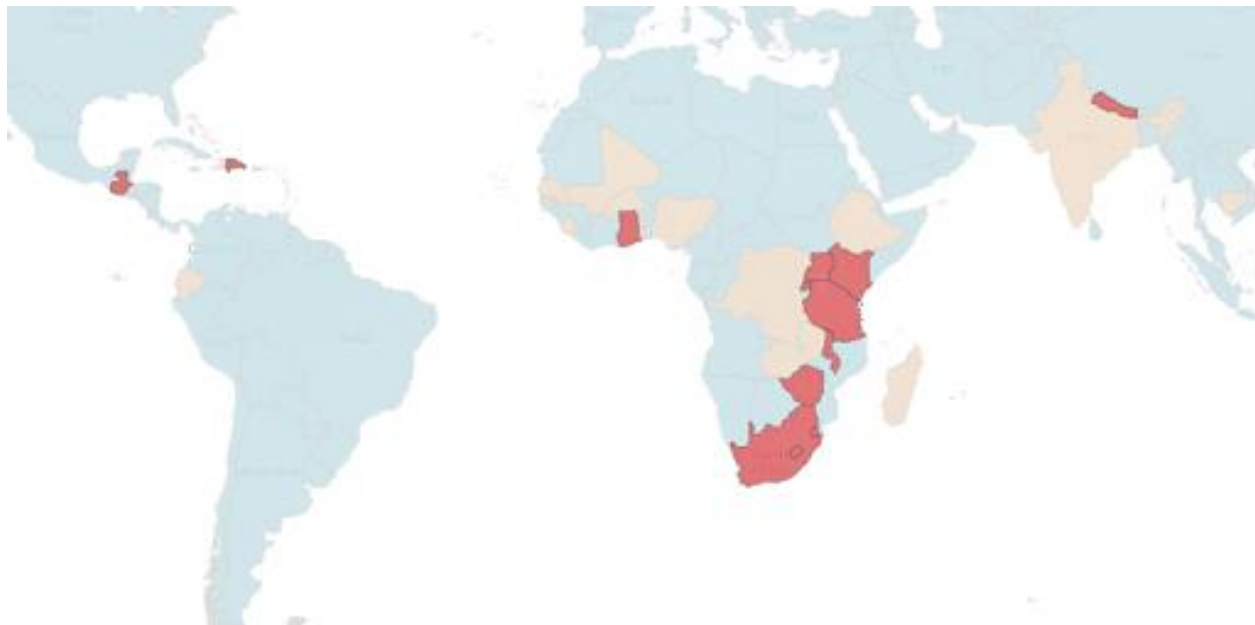
Impact Zones

How it all comes together



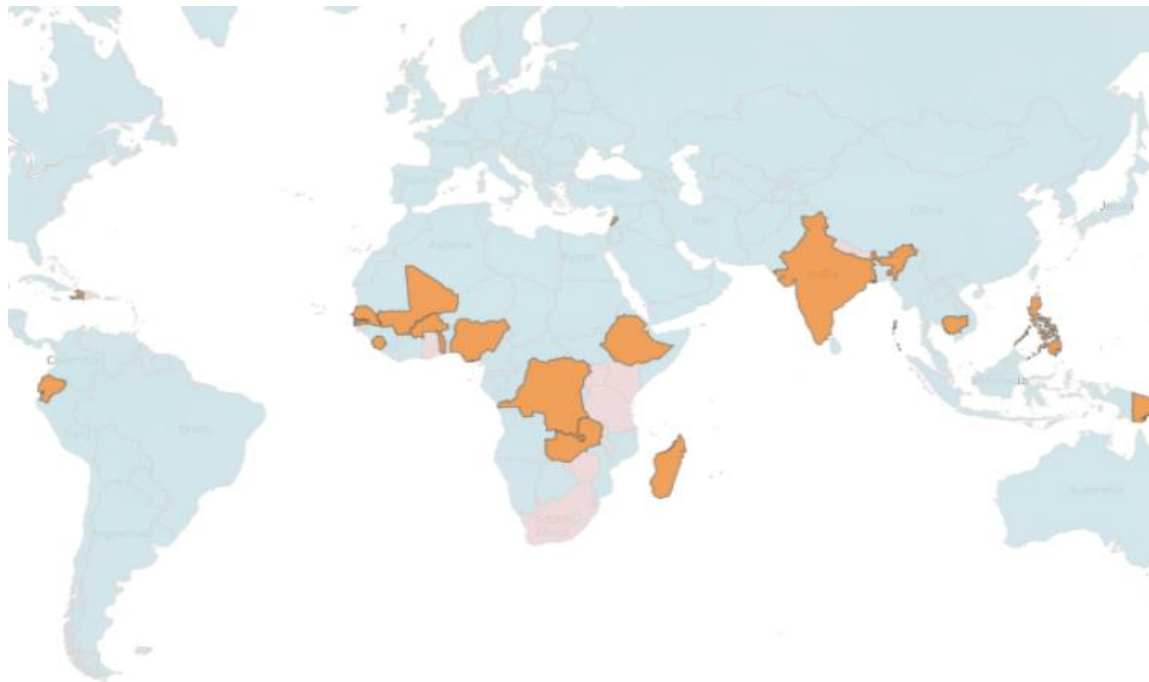
The Red Zone

We have
reached a point
where the local
leaders are self
reliant and
taking the
reins!



The Orange Zone

Countries in the Orange Zone have a growing enterprise presence so our menstrual health response is a hybrid approach.



The Blue Zone

All other 160 plus
countries are in
the Blue Zone.





**Shatter stigmas & limitations associated with menstruation
for improved education & livelihood outcomes**



*Ehara taku toa
i te toa takitahi,
engari he toa takitini.*

**Success is not
the work of one
but the work of many**



 
Days for Girls INTERNATIONAL 360-220-
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